

## Holistic Approach

Our programs are filled with a wide variety of tools to help you overcome your drug or alcohol addiction in a safe and secure environment. Our addiction programs will supply you with all the tools you will need to stay on track, reach your goals, and make the positive lifestyle changes you desire through:

- PTSD / Trauma Therapy
- Biosound/Biofeedback therapy
- Nutrition Education
- Personal fitness training
- Music Therapy
- Art Therapy
- Spiritual Guidance
- Impaired Professionals Services

## Program Highlights

- Highly Qualified Facility
- Licensed by DHCS
- Accredited by JCAHO
- Effective Program
- Individualized care
- Low clinician to client ratio
- Private/Semi Private Rooms
- Accept Private Insurance

## Treatment Services

- Intervention •
- Sub-Acute Detox •
- Family Workshop •
- Residential Treatment •
  - Day Treatment •
- Outpatient Treatment •
  - Long-Term care •
- Alumni Association •

### In-Network With



Call Today

877-748-5916



# Cycles of Change

RECOVERY SERVICES



## Premier Treatment

Detox to All Continuum of Care  
Most PPO Insurance Accepted



877-748-5916

[cyclesofchangerecovery.com](http://cyclesofchangerecovery.com)

## Our Programs

The type and length of treatment in our program varies from one person to another. Because each person follows a different path to recovery, our treatment team assesses each person to develop a treatment plan that will address your specific emotional and psychological needs. Our team will work with you to develop a continuum of care that will enhance your ability to succeed in long-term sobriety.

### Our programs include

- Cognitive Behavior Counseling
- Behavior Modification Counseling
- 12 Step Process Workshops
- Relapse Prevention
- Family Counseling
- Couples Relational Counseling
- Music Playing Therapy
- Physical Fitness
- Nutritional Education

"I learned more here about the disease & about myself than I had anywhere else."

"I am living life on purpose now."

## Living Center

Our gender specific treatment centers are welcoming, warm, and safe environments.

Our private and semi-private rooms offer ambiances of relaxation and peacefulness. Our residents find that having an environment of calm and ease allows them more time to focus on the process of their treatment commitment and the accomplishment of their goals.



## Our Staff

Our treatment staff is comprised of a team of addiction professionals who are dedicated to the treatment process and to the individual care. At Cycles of Change our motto is "No one cares how much you know until they know how much you care."

## Personal Care With Personable Touch

The moment you walk through our doors, our clinical team becomes your team. We are here to assure you that we are available to you throughout the whole of your treatment experience and that you are never alone at Cycles of Change Recovery

## Learn New Social Skills FOR LONG-TERM SOBRIETY

Social activities can support you in developing a sense of community as well as providing you with opportunities to enjoy social activities without the aid of drugs or alcohol.

- Movies ▪ Bowling ▪ BBQ
- Hiking ▪ Swimming

"I was so comfortable here and the center really felt like a home away from home where I learned how to deal with my addiction"

It all begins with ONE: One ounce of Courage  
– One glimmer of Hope - ONE step for Change  
**Call for Help! 877-748-5916**

